

# HIGH FOCUS CENTERS

NJ's Most Trusted Provider of Structured Outpatient Treatment

## ADULT PROGRAMS

(18+ years)

### Psychiatric

- Intensive Outpatient Program  
Up to 5 days per week, 3 hours per day
- Partial Care Program  
5 days per week, 5.5 hours per day
- Trauma Intensive Outpatient Program  
3 days per week, 3 hours per day

### Eating Disorder Services

- Half Day & Full Day  
Up to 5 days per week, 3 - 6 hours

### Co-Occurring

- Intensive Outpatient Program  
Up to 5 days per week, 3 hours per day
- Partial Care Program  
Up to 5 days per week, 6 hours per day

### Substance Abuse

- Day Intensive Outpatient Program  
2 - 4 days per week, 3 hours per day
- Evening Intensive Outpatient Program  
2 - 4 days per week, 3 hours per day
- Outpatient Program – *Fortitude & Focus*  
1 evening per week for 1 hour
- Alumni Services

\* Additional Saturday Programming offered if needed

## ADOLESCENT (10-18 years) and MIDDLE SCHOOL (10-13 years) PROGRAMS

### Psychiatric

- Intensive Outpatient Program  
Up to 5 days per week, 3 hours per day
- Partial Care Program  
5 days per week, 6 hours per day

### Eating Disorder Services

- Half Day & Full Day  
Up to 5 days per week, 3 - 6 hours

### Co-Occurring

- Intensive Outpatient Program  
Up to 5 days per week, 3 hours per day

### Substance Abuse

- P.E.A.K. Program  
(Educational Program for Patients with no diagnosis)  
1 day per week, 2 hours
- R.I.S.E. IOP  
After school 2 days per week, 3 hours per day
- P.A.T.H. Addiction IOP  
After school, 3 - 4 days per week, 3 hours per day  
With school, 3 - 4 days per week, 5 hours per day



To schedule an appointment at High Focus Centers, please call us at:

# 1-800-877-FOCUS (3628)

Intake Fax: 973-909-4049 • [Intake@highfocuscenters.com](mailto:Intake@highfocuscenters.com)

Intake Hours: 7am to 11pm Monday–Friday • 9am to 5pm Saturday–Sunday

# SUMMARY OF SERVICES



	Branchburg	Cherry Hill	Cranford	Freehold	Lawrenceville	Paramus	Parsippany	Norwalk
<b>Psychiatric</b>								
Adolescent IOP/PHP	•	•	•	•	•	•	•	<i>COMING SOON!</i>
Middle School IOP/PHP	•	•	•	•	•	•	•	
Adult IOP/PHP	•	•	•	•	•	•	•	
Adult Evening IOP	•						•	
Adult Trauma IOP/PHP				•		•		
<b>Eating Disorder Services</b>								
Adult/Teen Half Day & Full Day							•	
<b>Co-Occurring</b>								
Adolescent IOP/PHP	•	•	•	•	•	•	•	
Adult IOP/PHP	•	•	•	•	•	•	•	
<b>Substance Abuse</b>								
Adult PHP		•				•		
Adult Day IOP/PHP	•	•	•			•	•	
Adult Evening IOP/PHP		•	•	•	•	•	•	
Adolescent IOP/PHP	•		•			•	•*	
Adult OP	•	•	•	•	•	•	•	
Adult Alumni Services	•	•	•	•	•	•	•	

\* Parsippany location offers P.E.A.K. program only.

**Bergen County Area** 40 Eisenhower Drive, Paramus, NJ 07652 **201-291-0055**

**Camden County** 53 Haddonfield Road, Suite 330, Cherry Hill, NJ 08002 **856-306-8086**

**Mercer County** 15 Princess Road, Lawrenceville, NJ 08648 **609-349-7626**

**Monmouth County Area** 6 Paragon Way, Freehold, NJ 07728 **732-303-9900**

**Morris County Area** 1259 Route 46 East, Parsippany, NJ 07054 **973-299-9919**

**Somerset County Area** 3322 Route 22 #14, Branchburg, NJ 08876 **732-474-7447**

**Union County Area** 16 Commerce Drive, Cranford, NJ 07016 **908-272-2474**

**COMING SOON!** **Fairfield County** 17 High Street, Norwalk, CT 06851

*High Focus Centers is in network with most commercial insurances.*

High Focus Centers is accredited by The Joint Commission and licensed by the New Jersey State Department of Human Services.

**HighFocusCenters.com • 1-800-877-FOCUS (3628)**