



**HIGH
FOCUS
CENTERS**

FORTITUDE & FOCUS

Outpatient Substance Use Treatment for Adults

Achieving and maintaining meaningful, long-term recovery requires courage, strength, resilience - and a strong support network.

Fortitude & Focus is a weekly outpatient therapy group designed to provide additional structure and guidance for adults in active substance use treatment.



What to Expect

- ✓ 1 Hour Weekly Group Meetings
- ✓ 16-Week Education & Psychotherapy Curriculum
- ✓ Individual Therapy Sessions
- ✓ Connection to MAT & other Recovery Support Services

Our secure, intimate setting provides participants with the opportunity to seek social acceptance, establish peer relationships and offer hope on their shared recovery journey.

Admissions

Monday - Friday, 7:00 am to 11:00 pm
Saturday - Sunday, 9:00 am to 5:00 pm

In-network with most commercial insurances



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