



Summary of Services Johns Creek, Georgia Outpatient Program

High Focus Centers in Johns Creek, GA provides behavioral health treatment for adults through evidence-based individual, group, and family therapies for individuals challenged with mood disorders, anxiety symptoms, depression, isolation, and other mental health struggles.

Our group participation and activity-based treatment approach includes PHP and IOP services designed to help clients embrace recovery and implement effective coping strategies for the unique mental and behavioral challenges they face.



Partial Hospitalization Program (PHP)

For individuals with more acute mental health symptoms, we offer a structured partial care program that meets Monday through Friday for six hours each day. This provides a high level of support without the need to stay overnight at an inpatient facility.



Intensive Outpatient Program (IOP)

Our Intensive Outpatient Program (IOP) is a more flexible option for those with moderate symptoms, or those who have completed a higher level of care. Our IOP groups meet for three hours each day, two to five days per week. Day and evening groups are available but group times may vary.



Family Workshops

Family participation is strongly encouraged throughout all phases of programming and is as much an expectation of treatment as it is for the clients to attend sessions. Family relationships shape and influence how adults relate with others throughout the course of their lives. Our Family Workshops re-emphasize the importance of the family unit through weekly family therapy and active participation in a client's treatment process.

Contact us to learn more about our outpatient treatment programs at this location.

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