

# HIGH FOCUS CENTERS

NJ's Most Trusted Provider of Structured Outpatient Treatment

## AN INTEGRATIVE APPROACH TO SUBSTANCE ABUSE TREATMENT AT HIGH FOCUS CENTERS



### HOLISTIC

- Mindfulness
- Experiential Therapy
- Expressive Art Therapy
- Yoga for Recovery
- Pet Therapy



### EVIDENCE-BASED

- Cognitive Behavior Therapy
- Stagewise Interventions
- 12 Step Facilitation



### SPECIALIZED

- Enhanced Opiate Protocols
- Day or Evening
- Young Adult Track
- Co-Occurring Track



**HIGH  
FOCUS  
CENTERS**

To schedule an appointment at  
High Focus Centers, please call us at:

**1-800-877-FOCUS (3628)**