HIGH FOCUS CENTERS
NJ’s Most Trusted Provider of Structured Outpatient Treatment

AN INTEGRATIVE APPROACH TO
SUBSTANCE ABUSE TREATMENT
AT HIGH FOCUS CENTERS

HOLISTIC
- Mindfulness
- Experiential Therapy
- Expressive Art Therapy
- Yoga for Recovery
- Pet Therapy

EVIDENCE-BASED
- Cognitive Behavior Therapy
- Stagewise Interventions
- 12 Step Facilitation

SPECIALIZED
- Enhanced Opiate Protocols
- Day or Evening
- Young Adult Track
- Co-Occurring Track

To schedule an appointment at High Focus Centers, please call us at:
1-800-877-FOCUS (3628)
HIGH FOCUS CENTERS is an in-network provider for most major insurance carriers.

- 1199 NJ Benefit Fund
- Aetna
- AmeriHealth
- ComPsych
- Empire Blue Cross Blue Shield
- GHI
- Horizon Blue Cross Blue Shield
- Cigna
- MHN
- OPTUM Health
- Qual Care
- UBH/United Healthcare
- Unions
- Value Options

Please call your Community Liaison for additional information/assistance.

Bergen County Area
Psychiatric Services
40 Eisenhower Drive
Paramus, NJ 07652

Substance Abuse Services
70 Eisenhower Drive
Paramus, NJ 07652
  201-291-0055
  Fax: 201-291-0888

Mercer County
15 Princess Road
Lawrenceville, NJ 08648
  609-349-7626
  Fax: 609-349-7627

Monmouth County Area
6 Paragon Way
Freehold, NJ 07728
  732-303-9900
  Fax: 732-303-9901

Morris County Area
1259 Route 46 East
Parsippany, NJ 07054
  973-299-9919
  Fax: 973-299-9916

Somerset County Area
3322 Route 22 #14
Branchburg, NJ 08876
  732-474-7447
  Fax: 732-474-7437

Union County Area
16 Commerce Drive
Cranford, NJ 07016
  908-272-2474
  Fax: 908-272-8996

HIGH FOCUS CENTERS

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High Focus Centers is accredited by The Joint Commission and licensed by the New Jersey State Department of Human Services.