

HIGH FOCUS CENTERS

A Premier Provider of Structured Outpatient Treatment

ADULT PROGRAMS

(18+ years)

Mental Health

- Intensive Outpatient Program
Up to 5 days per week, 3 hours per day
- Partial Care Program
5 days per week, 5.5 hours per day
- Trauma Intensive Outpatient Program
3 days per week, 3 hours per day

Eating Disorder Services

- Half Day & Full Day
Up to 5 days per week, 3 - 6 hours

Co-Occurring

- Intensive Outpatient Program
Up to 5 days per week, 3 hours per day
- Partial Care Program
Up to 5 days per week, 6 hours per day

Substance Use*

- Day Intensive Outpatient Program
2 - 4 days per week, 3 hours per day
- Evening Intensive Outpatient Program
2 - 4 days per week, 3 hours per day
- Outpatient Program - *Fortitude & Focus*
1 evening per week for 1 hour

* Additional Saturday Programming available, if needed

ADOLESCENT (13-18 years) and MIDDLE SCHOOL (10-13 years) PROGRAMS

Mental Health

- Intensive Outpatient Program
Up to 5 days per week, 3 hours per day
- Partial Care Program
5 days per week, 6 hours per day

Co-Occurring

- Intensive Outpatient Program
Up to 5 days per week, 3 hours per day

Substance Use

- P.E.A.K. Program
(Educational Program for Patients with no diagnosis)
1 day per week, 2 hours
- R.I.S.E. IOP
After school 2 days per week, 3 hours per day
- P.A.T.H. Addiction IOP
After school, 3 - 4 days per week, 3 hours per day
With school, 3 - 4 days per week, 5 hours per day



To schedule an appointment at High Focus Centers, please call us at:

1-800-877-FOCUS (3628)

Intake Fax: 973-909-4049 • Intake@highfocuscenters.com

Intake Hours: 7am to 11pm Monday-Friday • 9am to 5pm Saturday-Sunday

SUMMARY OF SERVICES



	Branchburg	Cherry Hill	Cranford	Freehold	Lawrenceville	Paramus	Parsippany	Norwalk
Mental Health								
Adolescent IOP/PHP	•	•	•	•	•	•	•	•
Middle School IOP/PHP	•	•	•	•	•	•	•	•
Adult IOP/PHP	•	•	•	•	•	•	•	
Adult Evening IOP	•						•	
Adult Trauma-Enhanced IOP			•	•	•	•		
Adolescent Trauma-Enhanced IOP			•					
Eating Disorder Services								
Adult Half Day & Full Day							•	
Co-Occurring								
Adolescent IOP/PHP	•	•	•	•	•	•	•	•
Adult IOP/PHP	•	•	•	•	•	•	•	
Substance Use								
Adult PHP		•				•		
Adult Day IOP/PHP	•	•	•			•	•	
Adult Evening IOP/PHP		•	•	•	•	•	•	
Adolescent IOP/PHP			•			•		
Adult OP	•	•	•	•	•	•	•	

Bergen County Area 40 Eisenhower Drive, Paramus, NJ 07652 **201-291-0055**

Camden County 53 Haddonfield Road, Suite 330, Cherry Hill, NJ 08002 **856-306-8086**

Mercer County 15 Princess Road, Lawrenceville, NJ 08648 **609-349-7626**

Monmouth County Area 6 Paragon Way, Freehold, NJ 07728 **732-303-9900**

Morris County Area 1259 Route 46 East, Parsippany, NJ 07054 **973-299-9919**

Somerset County Area 3322 Route 22 #14, Branchburg, NJ 08876 **732-474-7447**

Union County Area 16 Commerce Drive, Cranford, NJ 07016 **908-272-2474**

Fairfield County 17 High Street, Norwalk, CT 06851 **P: 203-803-4170 F: 833-470-0750**

High Focus Centers is in network with most commercial insurances.

