

HIGH FOCUS CENTERS

A Premier Provider of Structured Outpatient Treatment

Summary of Services

ADULT

Mental Health

Partial Care Program

- Full day, 5 days per week

Intensive Outpatient Program (IOP)

- Half day, 2-5 days per week
- Day or evening hours available

Trauma-Enhanced IOP

- Half day, 3 days per week

Co-Occurring Disorders

Partial Care Program

- Full day, 5 days per week

Intensive Outpatient Program (IOP)

- Half day, 2-5 days per week

Substance Use

Partial Care Program

- Full day, 5 days per week

Intensive Outpatient Program (IOP)

- Half day, 2-5 days per week
- Day or evening hours available

Fortitude & Focus Outpatient Group

- 1 hour per week, 1 evening per week

TEEN

Mental Health

Partial Care Program

- Full day, 5 days per week

Intensive Outpatient Program (IOP)

- After school, 2-5 days per week

Middle School Program (10-13 years)

- Full day & after school, 2-5 days per week

Co-Occurring Disorders

Partial Care Program

- Full day, 5 days per week

Intensive Outpatient Program (IOP)

- After school, 2-5 days per week

Substance Use

PATH Intensive Outpatient Program

- After school, 3-4 days per week

RISE Intensive Outpatient Program

- After school, 2 days per week

PEAK Program

- 1 group per week



Summary of Services



Branchburg Somerset County	Cherry Hill Camden County	Cranford Union County	Freehold Monmouth County	Lawrenceville Mercer County	Paramus Bergen County	Parsippany Morris County	Norwalk, CT Fairfield County
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Mental Health

Adult IOP/PHP	✓	✗	✓	✗	✓	✗	✓	✗
Adult Evening IOP	✓	✗				✓		
Adult Trauma-Enhanced IOP	✓		✓	✗	✓	✗		
Adult LGBTQ+ Track		✗				✗		
Adolescent IOP/PHP	✓	✗	✓	✗	✓	✗	✓	✗
Middle School IOP/PHP	✓	✗	✓	✗	✓	✗	✓	✗
Adolescent LGBTQ+ Track		✗				✗		

Co-Occurring

Adult IOP/PHP	✓	✗	✓	✗	✓	✗	✓	✗
Adolescent IOP/PHP	✓	✗	✓	✗	✓	✗	✓	✗

Substance Use

Adult PHP		✗				✗		
Adult Day IOP/PHP	✓	✗	✓			✗	✓	
Adult Evening IOP/PHP		✗	✓	✗	✓	✗	✓	
Adult OP	✓	✗	✓	✗	✓	✗	✓	
Adult LGBTQ+ Track		✗						
Adolescent IOP/PHP		✗				✗		

Admissions

Monday-Friday 7:00 am to 11:00 pm
Saturday-Sunday 9:00 am to 5:00 pm



1-800-877-3628



973-909-4049



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highfocuscenters.com

In-network with most commercial insurances

Locations

