

# THE LGBTQ+ TRACK

## *Treatment with Pride*

The LGBTQ+ community struggles with mental health and substance use disorders at alarmingly high rates. Providing treatment programming that is in full alignment with the unique needs of this population is essential.

Our innovative new treatment track serves the specific needs of the LGBTQ+ community related to mental health and substance use disorders. The approach focuses on the development of strategies to embrace identity, empower oneself, and find acceptance.



### Themes

- ✓ Identifying Authentic Self
- ✓ Finding Community
- ✓ Advocacy & Empowerment
- ✓ Healthy Relationships
- ✓ Trauma

Within the context of this LGBTQ+ affirming environment, this inclusive track provides symptom stabilization, lifelong recovery-based skills, and medication management.

# Summary of Services



	Branchburg Somerset County	Cherry Hill Camden County	Cranford Union County	Freehold Monmouth County	Lawrenceville Mercer County	Paramus Bergen County	Parsippany Morris County	Norwalk, CT Fairfield County
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## Mental Health

Adult IOP/PHP	✓	✗	✓	✗	✓	✗	✓	✗
Adult Evening IOP	✓	✗					✓	
Adult Trauma-Enhanced IOP	✓		✓	✗	✓	✗		
Adult LGBTQ+ Track		✗			✓	✗		
Adolescent IOP/PHP	✓	✗	✓	✗	✓	✗	✓	✗
Middle School IOP/PHP	✓	✗	✓	✗	✓	✗	✓	✗
Adolescent LGBTQ+ Track		✗			✓	✗		

## Co-Occurring

Adult IOP/PHP	✓	✗	✓	✗	✓	✗	✓	✗
Adolescent IOP/PHP	✓	✗	✓	✗	✓	✗	✓	✗

## Substance Use

Adult PHP		✗				✗		
Adult Day IOP/PHP	✓	✗	✓			✗	✓	
Adult Evening IOP/PHP		✗	✓	✗	✓	✗	✓	
Adult OP	✓	✗	✓	✗	✓	✗	✓	
Adult LGBTQ+ Track		✗				✗		
Adolescent IOP/PHP		✗				✗		

## Admissions

Monday-Friday 7:00 am to 11:00 pm  
Saturday-Sunday 9:00 am to 5:00 pm



1-800-877-3628



973-909-4049



intake@highfocuscenters.com



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In-network with most commercial insurances

## Locations

